

# All about me questions



**Head**  
Thinking

- What do you know lots about?



**Hands**  
Doing

- What things do you do well?
- What things can you help others with?



**Heart**  
Like or love

- What things do you care about?
- What do you like?



**Connections**  
People

- Who is in your community?
- Where can you use your gifts?